

# LIONSBRIDGE FC



# PLAYBOOK CHALLENGE

## HEY KIDS!

We have a CHALLENGE for you! If you successfully complete this challenge, you will win AWESOME PRIZES from Lionsbridge FC and our community partners. You'll get a free ticket to a future Lionsbridge game and a sticker that you can put anywhere! *(but, you should check with an adult first!)* Plus, you'll get some cool prizes from our sponsors.

## HEY PARENTS!

Now that school is out for the year, we know you're going to have your hands full. *(As parents, we're in the same boat!)* So we created this Lionsbridge-themed playbook to give your kids a fun and educational activity while *(hopefully)* giving you a little bit of a break as well! COMPLETE THE LAST PAGE of this playbook and we'll send prizes from Lionsbridge FC and our community partners! *(the playbook is geared toward a mix of ages... So don't worry if your little ones don't do multiplication or fractions yet!)*



**THANK YOU to our sponsors for supporting Lionsbridge FC and for supporting our community's students and parents!**



# LIONSBRIDGE FC



# PLAYBOOK CHALLENGE

NAME: \_\_\_\_\_

COLORING ACTIVITY



# LIONSBRIDGE FC



# PLAYBOOK CHALLENGE

NAME: \_\_\_\_\_

## COLORING ACTIVITY



Sing the Happy Birthday song for 20 seconds then rinse and dry your hands.



USE SOAP



PALM TO PALM



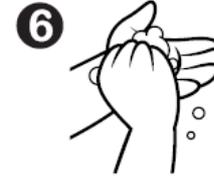
BACK OF HANDS



FINGERS INTERLACED



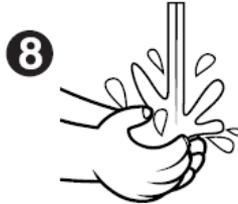
BASE OF THUMBS



FINGERNAILS



WRISTS



RINSE HANDS



DRY HANDS



## RIVERSIDE

Sports Medicine

[riversideonline.com/sports](http://riversideonline.com/sports)



# LIONSBRIDGE FC



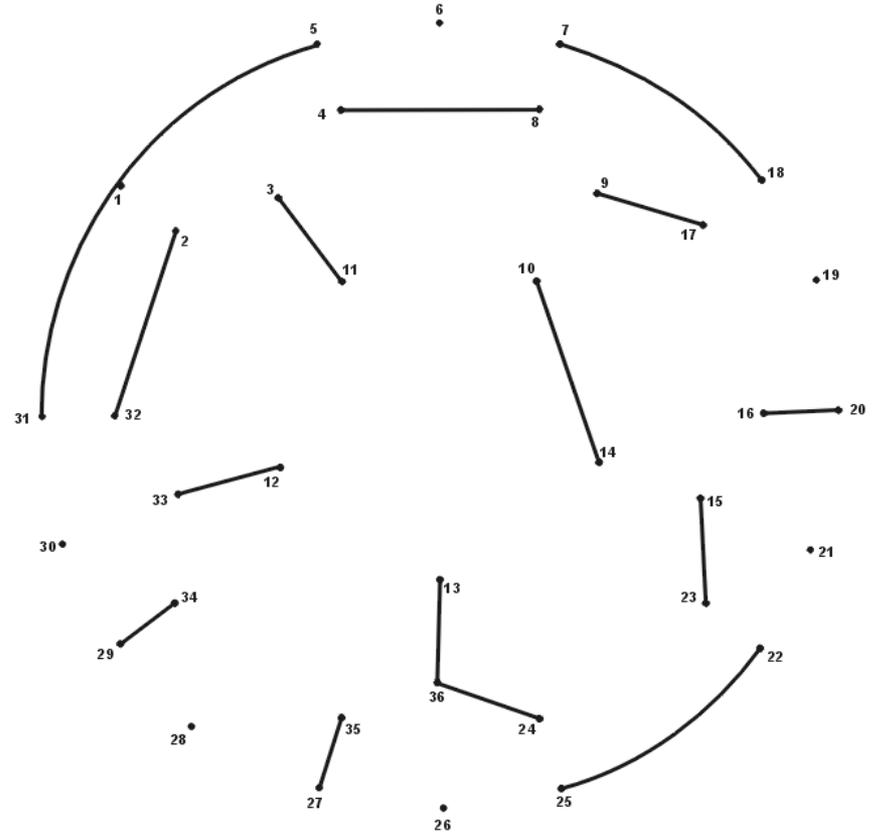
# PLAYBOOK CHALLENGE

NAME: \_\_\_\_\_

## CONNECT THE DOTS

### FIVE FACTS ABOUT "FOOTBALL" or "SOCCER"

- 1) Soccer was invented in China in approximately 220 B.C.
- 2) Only Americans and Canadians call it soccer.  
People in the rest of the world call it "football."
- 3) It is the most watched and most played sport on Earth.
- 4) During every game, players run an average of 6 miles!
- 5) The first basketball game was played with a soccer ball.



# LIONSBRIDGE FC



# PLAYBOOK CHALLENGE

**NAME:** \_\_\_\_\_

## WORD SEARCH

Lionsbridge FC plays in USL League Two. In our league, there are 82 teams all across the United States, Canada and Bermuda! Our division is called the South Atlantic Division and it has eight teams. Can you find them?

- LIONSBRIDGE FC
- NC FUSION
- NORTH CAROLINA FC
- TOBACCO ROAD
- TRI CITIES
- VIRGINIA BEACH
- WAKE FC
- WEST VIRGINIA

W	G	Q	O	J	G	R	I	J	J	E	T	N	V	C
E	G	V	H	Z	J	Z	J	B	N	Q	F	Q	F	S
S	W	T	I	I	V	Z	C	Q	H	S	U	A	I	E
T	F	F	T	R	G	K	B	F	E	U	N	N	B	I
V	C	U	O	H	G	Q	U	N	V	I	T	T	Z	T
I	F	Q	Y	J	Q	I	O	C	L	U	Q	Q	T	I
R	C	H	Y	G	I	N	O	W	A	K	E	F	C	
G	L	I	O	N	S	B	R	I	D	G	E	F	C	I
I	U	D	P	U	R	A	H	M	A	N	O	H	V	R
N	P	E	F	Y	C	R	W	Z	Y	B	R	E	Q	T
I	I	C	O	H	O	N	D	C	M	G	E	N	N	W
A	N	Q	T	D	P	T	T	T	C	P	L	A	Y	A
W	X	R	E	P	L	O	I	D	W	D	C	M	C	K
H	O	D	A	O	R	O	C	C	A	B	O	T	U	H
N	H	M	X	P	Y	L	I	S	Q	M	H	C	K	V



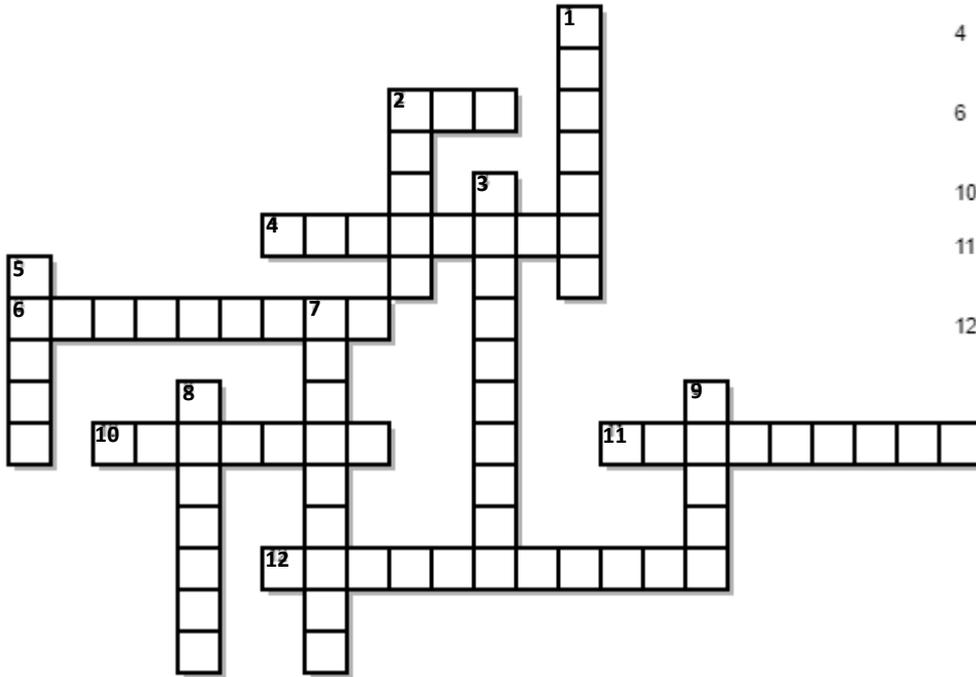
# LIONSBRIDGE FC



# PLAYBOOK CHALLENGE

NAME: \_\_\_\_\_

## CROSSWORD

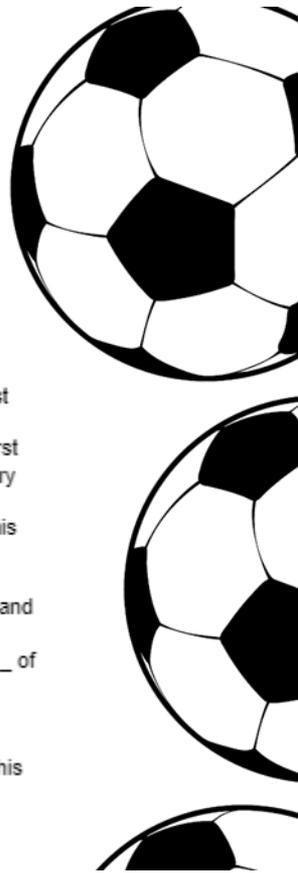


### ACROSS

- 2 Initials for the campus where Lionsbridge plays its home games
- 4 Peninsula hometown of Max Poelker, Derek Cook and Daniel Hoffmann
- 6 The local hospital that keeps our players healthy and in the game
- 10 Last name of Chris, the Lionsbridge coach
- 11 The front of jersey sponsor that has cows in their commercials
- 12 City where Lionsbridge plays home games

### DOWN

- 1 After the USA, the country that has produced the most Lionsbridge players
- 2 Last name of Travis, the first player in Lionsbridge history to score a hat trick
- 3 Only player who can use his or her hands
- 5 The last name of famous Lionsbridge players Jalon and Luke
- 7 Supporters group "\_\_\_\_\_ of the Bridge"
- 8 Peninsula hometown of Bennen Burton
- 9 There are four statues of this animal in the Mariners Museum Park



# LIONSBRIDGE FC



# PLAYBOOK CHALLENGE

**NAME:** \_\_\_\_\_

## READING COMPREHENSION

The Lionsbridge FC coach is Chris Whalley. He is from England but lives in Suffolk, Virginia. Before the game, he chooses the 11 players that will play in the game for Lionsbridge FC. He has other people who help him. They are called assistant coaches. During the game, Chris usually sits quietly on the bench. But he may have a friendly chat with the referee when the referee blows his whistle. After the game, Chris talks to the players in the locker room while the players eat pizza and drink Gatorade. He tells the players what they did well in the game and what they can do better in the next game.

Chris is a great coach!



**What is the coach's name?**

Answer: \_\_\_\_\_

**Where is he from?**

Answer: \_\_\_\_\_

**How many players play in the game?**

Answer: \_\_\_\_\_

**When does he have a chat with the referee?**

Answer: \_\_\_\_\_

**What do the players eat after the game?**

Answer: \_\_\_\_\_



# LIONSBRIDGE FC



# PLAYBOOK CHALLENGE

NAME: \_\_\_\_\_

## MATH: MULTIPLICATION

1) Lionsbridge FC plays against seven different teams and it will play each team twice. How many total games will Lionsbridge FC play?

Answer: \_\_\_\_\_

2) Lionsbridge FC has five players from England and three times more American players than English players. How many American players does Lionsbridge FC have?

Answer: \_\_\_\_\_

3) If Lionsbridge scores two goals in the first half and twice as many goals in the second half, how many did they score in the game?

Answer: \_\_\_\_\_

4) Let's pretend Virginia Beach United has 1,000 fans at a game (*it'll take a **big** imagination!*). If Lionsbridge FC has three times as many fans at its game, how many fans does Lionsbridge have?

Answer: \_\_\_\_\_



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# PLAYBOOK CHALLENGE

**NAME:** \_\_\_\_\_

## MATH: FRACTIONS

1) If Lionsbridge FC plays 24 games during its season and half of them are at home, how many home games will Lionsbridge FC play?

Answer: \_\_\_\_\_

2) There are 30 Lionsbridge FC players on the team. If  $\frac{1}{3}$  of them are midfielders, how many midfielders are there?

Answer: \_\_\_\_\_

3) Goalkeeper Richard Dearle saved 9 out of 10 shots in the game. What percentage of shots did he save?

Answer: \_\_\_\_\_

4) Lionsbridge FC scored 25 goals last year and Luke Brown scored 5 of them. What percentage of the goals were scored by Luke?

Answer: \_\_\_\_\_



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# PLAYBOOK CHALLENGE

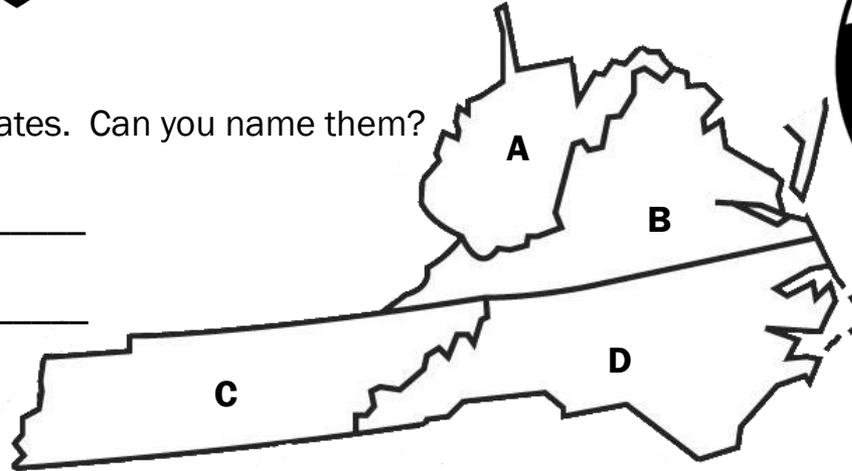
NAME: \_\_\_\_\_

## GEOGRAPHY: STATES

Lionsbridge FC plays against teams from four states. Can you name them?

A: \_\_\_\_\_ B: \_\_\_\_\_

C: \_\_\_\_\_ D: \_\_\_\_\_



## GEOGRAPHY: CAPITALS

Can you name the capital cities of each of the four states?

A: \_\_\_\_\_ B: \_\_\_\_\_

C: \_\_\_\_\_ D: \_\_\_\_\_



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# PLAYBOOK CHALLENGE

**NAME:** \_\_\_\_\_

## GEOGRAPHY: COUNTRIES and FLAGS

Can you match the Lionsbridge player and their home country to their flag?

UNITED KINGDOM: Josh Spencer,  
Luke Brown and Tom Devitt

Answer: \_\_\_\_\_

GERMANY: Felix Kollmannthaler,  
Eren Elbustu and Gideon Betz

Answer: \_\_\_\_\_

FRANCE: Thibaut Jacquel

Answer: \_\_\_\_\_

JAPAN: Hazuki Hashizume

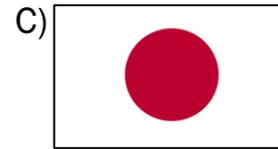
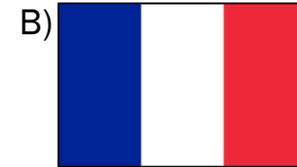
Answer: \_\_\_\_\_

BRAZIL: Eduardo Sant'ana

Answer: \_\_\_\_\_

HUNGARY: Ivan Militar

Answer: \_\_\_\_\_



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## CONGRATULATIONS!

You have completed the Lionsbridge FC Playbook Challenge! You have earned a FREE sticker, a FREE youth ticket to a future Lionsbridge FC game and other prizes from our great sponsors! Complete this form, email it to us at [LionsbridgeFC@gmail.com](mailto:LionsbridgeFC@gmail.com) by Friday, April 10 and we'll mail your prizes. Thanks for playing! THIS IS OUR BRIDGE!



CHILD'S NAME: \_\_\_\_\_

MAILING ADDRESS FOR PRIZES:

CHILD'S AGE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PARENT OR GUARDIAN'S NAME: \_\_\_\_\_

CITY/STATE: \_\_\_\_\_

PARENT EMAIL: \_\_\_\_\_

ZIP: \_\_\_\_\_

PARENT PHONE NUMBER: \_\_\_\_\_

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